STATEMENT OF PROBLEM AND OBJECTIVES

When subjected to cyclic shear, sands exhibit dilatancy or densification and a highly nonlinear stress-strain relationship. The extent to which these phenomena are manifested depends primarily on the relative density of the sand, the amplitude of the shear strain, and the state of stress. Sands with a low relative density decrease in volume with the application of cyclic shear, whereas the opposite is true for sands with a high relative density. However, there is no universally accepted "critical density" at which this transition takes place. Rather, the "critical density" in any given case is generally influenced by the stress state of the sand and the amplitude of the applied shear strain. If the induced strains are very small, little relative movement will take place between individual sand grains and the volume change will be small. In addition, the stress-strain response of the sand at the macroscopic level will be largely linear and elastic with relatively little damping. However, at higher strain levels the stress-strain behavior becomes distinctly nonlinear and inelastic with significant hysteretic damping. As a consequence of the grain rearrangements that occur during successive cycles of shear, the shear modulus increases as the number of cycles increases and decreases as the strain amplitude increases.

Most previous work has attempted to correlate empirically the densification of sands with the applied normal stress fluctuations, accelerations, frequencies, or all three, whereas the effective shear modulus and damping coefficient have been correlated with the number of cycles, amplitude of shear strain, and state

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DENSIFICATION AND HYSTERESIS OF SAND UNDER CYCLIC SHEAR

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While these developments are of practical importance and represent a definite progress (9), they are all essentially empirical because they are not based on a formulation of a valid constitutive relation. Thus, their range of applicability is limited, and their generalization to situations that differ significantly from the prevailing test conditions is, in principle, precluded, unless directly supported by experiment. For example, rules that involve dependence on the number of cycles and the strain amplitude are not applicable to cyclic strain histories with varying strain amplitudes and complicated shapes and durations of the cycles, even though it may be possible to devise further rules to successfully predict the response to aperiodic loading in particular cases, which has actually been accomplished (9). The reason is that the number of cycles and the strain amplitude are not state variables of the material and may not appear in a rational constitutive relation. Similarly, the empirical rules available are inapplicable in presence of various multiaxial stress states and general time variations of the stress state, including nonproportional histories of multiaxial strain components. Cognizant of the limitations of empirical rules, various attempts have been made to formulate general constitutive laws of admissible form by adopting nonlinear elastic, viscoelastic, and elastic-plastic models. However, theories of this type, transplanted from formulations originally developed for simpler materials, are foreign to sand in that they bear no relationship to the physical mechanisms responsible for the observed nonlinear behavior and they are incapable of describing more than a very limited range of responses; nevertheless, they have been used successfully to solve a number of soil mechanics problems.

Recently, however, an entirely different type of constitutive relation has been proposed for sand in general terms in Ref. 2 and developed in detail in a preceding paper (4). This formulation is called endochronic theory because its central concept is that of intrinsic time, a scalar variable whose increments depend on strain increments and are never negative. [The term "endochronic" is due to Valanis (13) who considered metals and was first to use this approach—see literature review in preceding papers, Refs. 3 and 4.] The inelastic strain increments are introduced as functions of the intrinsic time increment. For sand, intrinsic time increments can be physically associated with particle rearrangements (4). Comparisons between theoretical predictions and experimental results from a few tests have demonstrated (4) that this theory, which satisfies the continuum mechanics restrictions on constitutive relations, is capable of correctly representing: (1) The hysteretic behavior; (2) the densification of sand in cyclic shear; and (3) the sensitivity of the response to the mean normal stress. The last two properties are also characteristic for concrete, and an endochronic formulation which models them, and is in many respects similar to the present one, has been presented in Ref. 3. The objectives of this study are: (1) To demonstrate that endochronic theory is capable of describing densification and hysteresis in sand over a rather broad range of amplitudes and confining stresses; (2) to determine the dependence of material parameters on relative density; and (3) to present new test data from an extensive experimental program.
modulus was also found to increase with the number of cycles. The damping ratio, which provides a measure of the energy dissipated during each cycle, has been found to increase considerably with increasing shear strain amplitude and to decrease slightly with increasing number of cycles and increasing vertical stress.

A variety of continuum models have been used in an attempt to characterize the foregoing phenomenological patterns. The simplest of these is the linear elastic model with external viscous damping that is proportional to the predominant frequencies of the sand layer; the constant values for the moduli and damping coefficients of this model prevent it from realistically representing the actual mechanical behavior of sand. One improvement is a linear viscoelastic model, which has internal visco damping characteristics that need not be linear with frequency. The bilinear hysteretic model is generally considered to be an improvement over the linear models, since the shear modulus is dependent on the shear strain and the sign of the load increment, but this model still has certain inherent shortcomings, such as its damping mechanisms and two modulus values. Based on the assumption of a special yield surface with an associated flow rule and linear elastic behavior up to a certain yield stress, an elastic-plastic model gives a hysteretic stress-strain relationship for cyclic load reversals; however, because the model follows the same path during unloading and reloading processes, no hysteresis loop will be generated for the condition where cyclic load reversals do not occur, and in the case of elastic-plastic stress-strain relationships this model is not significantly better than the bilinear models.

The equivalent linear model has shear moduli and damping coefficients that provide stiffness and dissipative properties that are equivalent to those observed, but it is clear that the assumed stress-strain relation differs substantially from the actual one; specifically, it is impossible to distinguish between various shapes of the strain cycle in time and to account properly for varying strain amplitudes. The mathematical description for the variable modulus hysteretic model emanates from the theory of hypoelasticity. However, the shear modulus and bulk modulus are presumed to depend only on the stress and strain invariants, and this dependence does not give a realistic coupling between deviatoric and volumetric components, a condition that is contrary to the observed behavior of granular media. Also, according to the theory of hypoelasticity, general stress states should produce incremental anisotropy, which makes the shear and bulk moduli insufficient for characterizing the material.

Experimental Program

Strain-controlled cyclic simple shear tests with a triangular strain history within each period were conducted at a frequency of 1 Hz on a crystal silica No. 20 sand, which consists of angular quartz grains with equivalent diameters ranging from 0.4 mm-1.0 mm. The maximum and minimum dry densities of the sand. as determined by ASTM Standard 2049, were ($\gamma_d)_{max} = 101.1$ pcf = 15.8 kN/m$^3$ ($\epsilon_{min} = 0.636$) and ($\gamma_d)_{min} = 83.8$ pcf = 13.2 kN/m$^3$ ($\epsilon_{max} = 0.973$). Tests were performed at relative densities of 45% ($e = 0.826$), 60% ($e = 0.777$), and 80% ($e = 0.711$) and average vertical stresses of 500 psf (24 kN/m$^2$), 2,000 psf (96 kN/m$^2$), and 4,000 psf (192 kN/m$^2$); strain amplitudes ranged...
from about 0.0001 (0.01%) to 0.005 (0.5%).

These tests were performed in a basic simple shear apparatus developed at the Norwegian Geotechnical Institute; however, modifications were made (11) to perform these low strain amplitude repeated load tests. Specimens 20 mm thick and 80 mm in diameter were enclosed in a wire-reinforced membrane fitted with a cap and base; the base was fixed to a moving plate supported by frictionless bearings, and the top was held rigidly by the loading head. Simple shear was induced by the relative movement between the base plate and the loading head. A prescribed deformation was applied to the specimen and the developed horizontal loads and vertical deformations were recorded. Hysteresis loops for cycles number 1, 2, 4, 10, 50, 100, 200, and 300 were plotted from strip chart records of load and deformation.

Specimens were prepared directly in the apparatus by use of a dry vibration technique. The membrane was held rigidly in a stretching device that was positioned on the sample base, thus forming a mold for the sand. After the preweighed amount of sand was poured into a screen that was placed on the bottom of the mold, the screen was pulled upwards through the sand, thereby imparting to every sample a reasonably similar initial structure. Then, a small hand vibrator was used to vibrate the sample to a predetermined thickness to give the required dry density. Sand grains were glued by epoxy to the cap and base to prevent slippage between the sample and the apparatus. Additional details of the test procedure have been presented by the fourth writer and Seed (11).

APPLICATION OF ENDOCHRONIC DENSIFICATION LAW

The central notion in the constitutive model (4) to be applied herein is the concept of an intrinsic time scale (and thus the theory has been called "endochronic" by Valanis) which is employed to characterize the accumulation of inelastic strain. This is an independent scalar variable whose increments depend not only on the time increment, \( dt \), but also on the strain increments, \( d\varepsilon \). For the time-independent behavior considered herein, the dependence on \( dt \) vanishes. Because the densification of sand is due essentially to the irreversible rearrangement of grain configurations associated with deviatoric strains, it is logical to characterize the degree of rearrangement by an appropriate material variable, \( \xi \), which has the character of intrinsic time and is termed the rearrangement measure (4). Since \( d\xi \) must be a function of the strain increments, \( d\varepsilon \), and since \( \xi \) must never decrease to ensure that the energy dissipation rate is always positive, \( \xi \) must be expressed as a quadratic form in \( d\varepsilon \). Because \( d\varepsilon \) is infinitesimal, the effect of higher order terms is negligible. Using the conditions that the material is isotropic and that the inelastic strain must vanish in purely volumetric deformation, it can be shown (3, Eqs. 1–5; 4) that

\[
d\xi = \left( \frac{1}{2} d\varepsilon_{ij} d\varepsilon_{ij} \right)^{1/2}
\]

in which \( \varepsilon_{ij} \) is the deviator of \( \varepsilon_{ij} \). In the special case of pure shear strain, \( \gamma = 2\varepsilon_{12} \) and \( d\xi \) degenerates to \( (d\varepsilon_{12} d\varepsilon_{12} + d\varepsilon_{21} d\varepsilon_{21})^{1/2} / \sqrt{2} \) or

\[
d\xi = \frac{1}{2} |d\gamma| \quad \text{or} \quad \frac{1}{2} \gamma_{N} / 2
\]

For the case of cyclic pure shear in which \( \gamma = \gamma_{n} \sin \omega t \), the value of \( \xi \) at the end of the \( N \)th cycle, according to Eq. 2, is \( 4N\gamma_{n} / 2 \) or

\[
\xi = 2\gamma_{n} N = \gamma_{n} \frac{\omega}{\pi}^{-1}
\]

in which \( \gamma_{n} \) is the shear strain amplitude. Thus, \( \xi \) is a measure of the number of cycles in the loading history. Note that in this theory, the sinusoidal cyclic shear is obtained as a special case, while the definition of \( \xi \) is completely general and does not preclude application to random time histories or to nonproportional stress component histories.

The densification of sand may be characterized by the volumetric strain, \( \lambda \), whose sign is chosen to be negative when the volume decreases. If the densification is produced exclusively by interparticle slips that result in a rearrangement of grain configurations, \( d\lambda \) must be proportional to \( d\xi \), and the dependence of the densification increment per cycle of shear on the strain amplitude and on the number of cycles may be expressed (4) by

\[
d\lambda = -\frac{d\kappa}{c(\kappa)}; \quad d\lambda = C(\xi, \sigma) d\xi
\]

in which \( \kappa \) is the densification measure; and \( c(\kappa) \) is the densification-hardening function that models the decrease in the densification increment per cycle with an increase in the number of cycles, \( N \). Clearly, \( c(\kappa) \) must always be positive for the case of densification (as opposed to the volume expansion that occurs in initially dense sands). Expanding \( c(\kappa) \) in a Taylor series and truncating it after the linear term yields (4)

\[
c(\kappa) = C_{o}(1 + \alpha \kappa)
\]

in which \( \alpha \) and \( C_{o} \) are constants for a given sand at a given relative density. The densification-softerning function, \( C(\xi, \sigma) \), models, in general, the increase in the densification movement with increasing values of the stress or strain invariants, or both, but a fit of the present test data suggests that the dependence on \( \sigma \) can be eliminated as an approximation. In addition, since \( I_{3}(\xi) = 0 \) in the case of pure shear and since the dependence on \( I_{3}(\xi) \) is equivalent to the dependence on relative density, \( D_{r} \), which will be considered separately, \( C \) may be regarded as a function of only \( I_{1}(\xi) \); \( I_{1}(\xi) \) and \( I_{3}(\xi) \) are the first and third invariants of \( \xi \); and \( J_{1}(\xi) \) is the second invariant of the deviator of \( \xi \). Accordingly, one suitable choice for \( C(\xi) \) is a function of \( J_{1}(\xi) \), and this function was identified (4) in the form

\[
C(\xi) = -q \left[ 4J_{2}(\xi) \right]^{(0.5 - 1)/2}
\]

in which \( q \) is a non-negative constant for a given sand. In the special case of pure shear, \( J_{2}(\xi) = \gamma^{2} / 4 \) and Eq. 6 becomes

\[
C(\xi) = \frac{1}{2} q|\gamma|^{q-1}
\]
and Eq. 4 yields
\[ dK = -q|\gamma|^n |d\gamma| \] ............................... (8)

After \( N \) cycles of pure shear, the \( K \) value per cycle is \( \gamma^n N \), which, when combined with Eqs. 4 and 5, gives
\[ \lambda = -\frac{1}{c_0 q} \ln \left[ 1 + \alpha \gamma^n N \right] \] ............................... (9)

Generally, the material parameters, \( \alpha \) and \( q \), will depend on the relative density, \( D_r \), and based on the data reported by the fourth writer and Seed (12) and

\[ \begin{array}{l}
\text{Relative Density = 45%} \\
\text{Relative Density = 60%} \\
\text{Relative Density = 80%}
\end{array} \]

\[ \begin{array}{c}
\text{Vertical Strain Due to Densification, } \varepsilon(\%) \\
\text{Number of Cycles, } N \ (\text{log scale})
\end{array} \]

\[ \begin{array}{c}
\text{Relative Density = 45%} \\
\text{Relative Density = 60%} \\
\text{Relative Density = 80%}
\end{array} \]

\[ \begin{array}{c}
\text{Relative Density = 45%} \\
\text{Relative Density = 60%} \\
\text{Relative Density = 80%}
\end{array} \]

\[ \begin{array}{c}
\text{Relative Density = 45%} \\
\text{Relative Density = 60%} \\
\text{Relative Density = 80%}
\end{array} \]

\[ \begin{array}{c}
\text{Relative Density = 45%} \\
\text{Relative Density = 60%} \\
\text{Relative Density = 80%}
\end{array} \]

\[ \begin{array}{c}
\text{Relative Density = 45%} \\
\text{Relative Density = 60%} \\
\text{Relative Density = 80%}
\end{array} \]

\[ \begin{array}{c}
\text{Relative Density = 45%} \\
\text{Relative Density = 60%} \\
\text{Relative Density = 80%}
\end{array} \]

other data obtained from a supplemental, but similar, test program, these relationships (for strains expressed as a percentage) were found to be \( c_0 = 1.0 \).

\[ q = -0.95 D_r^2 + 2.33 D_r + 0.54 \] ............................... (10)

and \( \alpha = -33.33 D_r^2 + 61.66 D_r - 20 \) ............................... (11)

in which \( D_r \) is expressed as a number (not a percentage). Fig. 1 compares the predictions from Eqs. 9, 10, and 11 (represented by curves without points) with the experimental results (represented by curves with points) of the simple shear tests previously described at three different levels of strain. Thirty cycles appears to be the upper limit for the present numerical expression. The agreement between theoretical and experimental results is good for tests with small shear strain amplitudes, but a somewhat lesser degree of agreement was obtained for the tests with large shear strain amplitudes. The agreement in the latter case might be improved by the use of more complicated expressions for \( c(K) \) and \( C(\varepsilon, \sigma) \).

**APPLICATION OF ENDOCHRONIC STRESS-STRAIN RELATION**

As in the case of dilatational inelastic strains (densification), the increments of inelastic shear strain in sands are caused by interparticle slips; thus, they should also be proportional to the increments of the rearrangement measure, \( \xi \), where the proportionality coefficient may, in general, depend on the state of stress and strain (4). Accordingly, a new independent variable, \( \eta \), termed the distortion measure, may be defined (4) as
\[ d\eta = F(\varepsilon, \sigma) d\xi \] ............................... (12)

Since the increment of elastic strain per cycle decreases as the number of cycles increases, the proportionality coefficient may also depend on \( \xi \) or \( \eta \); thus, a new independent variable, \( \zeta \), termed intrinsic time, can be introduced (4) such that
\[ d\zeta = \frac{d\eta}{f(\eta)}; \quad d\eta = F(\varepsilon, \sigma) d\xi; \quad f(\eta) = \left( 1 + \frac{\beta}{r} \eta \right)^{-1} \] ............................... (13)

in which \( F(\varepsilon, \sigma) \) is a strain-softening function; and \( f(\eta) \) is a strain-hardening function in the sense of causing a decrease or increase in the slope of the stress-strain curve. The indicated expression for \( \eta \), with \( \beta \) and \( r \) as constants for a given sand, has been determined by analyzing test data. Within the range of strains encountered in this test program, \( F(\varepsilon, \sigma) \) may be set equal to unity as an acceptable approximation.

The basic assumption and most advantageous feature of this theory is that the time history of the stress-strain relation may be expressed as a linear functional in terms of the intrinsic time, \( \zeta \), because the nonlinearities are assumed to be incorporated in \( \xi \), as well as \( \lambda \). This approach is much simpler than formulating nonlinearities by means of incremental or tangential moduli, as in hypoplasticity, because these latter moduli form a fourth rank tensor, whereas \( \xi \) is a scalar. Because of the limited range of \( \xi \)-values that are of practical interest, it has been shown (4) that the deviatoric stress-strain relation may be approximated by

\[ \varepsilon_{ij}(\sigma_{ij}) = \left( 1 + \frac{\beta}{r} \eta \right) \varepsilon_{ij}(\sigma_{ij}) \]
\[
d e_i = \frac{d s_i}{2G} + d e_i^\nu; \quad d e_i^\nu = \frac{s_i}{2G} \frac{d \xi_i}{Z_i} \quad \ldots \quad (14)
\]
in which \( G \) = the shear modulus; \( e_i \) and \( e_i^\nu \) = the elastic and inelastic shear strains, respectively; and \( Z_i \) = constant (analogous to the relaxation time in a Maxwell chain used in viscoelasticity). Since dilatational strains caused by dilatational stresses are considered to be fully reversible, the only inelastic dilatational strain, \( e_i^\sigma \), is the densification, \( \lambda \), due to shear strains; thus, the volumetric stress-strain relation may be written as
\[
de = \frac{d \sigma}{3K} + d \lambda \quad \ldots \quad (15)
\]
in which \( K \) = bulk modulus. The endochronic stress-strain law given by Eqs. 14 and 15 models very simply (without any inequalities) the irreversibility upon unloading and the hysteretic behavior of sand subjected to cyclic shear strain. For pure shear \( \tau = \sigma_{12} \) and \( \gamma = 2 \varepsilon_{12} \), and Eq. 14 becomes
\[
d \tau = \frac{d \sigma}{G} + d \gamma; \quad d \gamma^\nu = \frac{\tau}{G Z_i} \quad \ldots \quad (16)
\]
It is clear that the slope of the unloading branch of Eq. 16 is greater than the slope of the loading branch, because, upon changing from loading to unloading, \( d \gamma \) and \( d \tau \) change sign, but \( d \gamma^\nu \) does not (for details, see Ref. 4). This property allows the irreversibility at unloading to be described by a constitutive law that does not involve any inequalities, such as those employed in plasticity to distinguish unloading.

The experimental data shown in Figs. 2-7 have been used to determine the parameters in this theory. For this purpose Eq. 16, in which \( d \xi = (1/2) \vert d \gamma \vert \) for simple shear, was integrated in time steps of 0.005 sec for a prescribed cyclic shear strain history with a period of 1 sec, yielding the values of shear stress. For the range of shear strains (expressed as a percentage) and confining pressures covered by these tests, it was found that \( Z_i = 2.5 \times 10^{-4}, \beta = 2.0, \) and \( \tau = 0.7 \).

A study of these cyclic shear test data indicates that Eqs. 14 and 15 are capable of describing experimental results quite well within a range of shear strain amplitude from about 0.0001-0.0005, but the agreement is not as good for a broader range of amplitudes. To get better agreement, \( G \) was assumed to depend on \( J_1(\sigma) \), the first invariant of \( \sigma \); this is logical since the elastic rigidity of the solid skeleton depends on the number and areas of interparticle contacts, which, in turn, depends, on \( J_1(\sigma) \). However, this generalization did not suffice to acceptably fit all available data. Various techniques were examined to extend the range of applicability in the simplest possible manner, and it was found that, in addition to its dependence on \( J_1(\sigma) \), the consideration of the shear modulus, \( G \), as a functional of the time history of \( J_2(\xi(t)) \) afforded a simple expediency to satisfactorily characterize all data. Specifically, \( G \) was assumed as
\[
G = G_1[J_1(\sigma)] G_2[J_2(\xi(t))] \quad \ldots \quad (17)
\]
Extensive experimental data have shown that the dynamic shear modulus of sand is essentially proportional to the square root of the confining stress (10). Accordingly, we may introduce
\[
G_1[J_1(\sigma)] = \sqrt{-M_1 J_1(\sigma)} = \sqrt{-M \sigma} \quad \ldots \quad (18)
\]
in which \( \sigma \) = vertical effective stress; and \( M \) = constant that is equal to 0.01 kN/m², based on the simple shear tests described herein.

However, the use of Eq. 18 with constant \( G_2 \) did not suffice to adequately describe the data for large strain amplitudes; generally the unloading portions of these hysteresis loops were too steep. The simplest way to reduce the unloading slopes is to reduce \( G_2 \) with increasing strain or, in a general stress state, with \( J_2(\xi) \). In particular, \( G_2 \) was assumed to be a function of the maximum value...

---

**FIG. 2.—Hysteresis for Low Strain Amplitude and Relative Density of 45%**
of \( J_2(\varepsilon) \) up to current time \( t \), denoted as \( \max_0^t J_2(\varepsilon) \). This is a special case of history dependence. Although the dependence of \( G \) on strain history has been implied in the work reported by Finn, Bransby, and Pickering (7), it must be viewed as an artifact within the context of endochronic theory. For the case of simple shear, it was found that

\[
G_2[J_2(\varepsilon)] = A + \frac{B}{C + [4 \max_0^t J_2(\varepsilon)]^{1/2}} = a + \frac{b}{c + |\gamma|_{\max}} \quad \quad (19)
\]

in which \( a = 7,000 \, D_1 + 10,600 \). \quad \quad (20)

\[
b = 336 \, D_1 + 290 \quad \quad (21)
\]

\[
c = -0.00714 \, D_1 + 0.0182 \quad \quad (22)
\]

in which \( D_1 \) is expressed as a number (not a percentage). Figs. 2-7 give comparisons between computed hysteresis loops and actual test data for a wide range of parameters. Figs. 2, 4, and 6 show the results of tests conducted at small strain amplitudes on specimens with relative densities of 45%, 60%, and 80%, respectively, and Figs. 3, 5, and 7 show similar results for tests performed at large strain amplitudes. In each figure the three rows of loops are for vertical stresses.

**FIG. 3.—Hysteresis for High Strain Amplitude and Relative Density of 45%**

**FIG. 4.—Hysteresis for Low Strain Amplitude and Relative Density of 60%**
of 500 psf (24 kN/m²), 2,000 psf (96 kN/m²), and 4,000 psf (192 kN/m²); solid curves are drawn through experimental data, and dashed curves indicate predictions from the mathematical model.

The lack of experimental data between the 10th and 50th cycles prevented direct comparisons at intermediate cycles, and the high cost of determining

Theoretical predictions for a large number of cycles precluded direct comparisons for more than 10 cycles, except in two cases. However, a good estimate of the applicability of the theory can be obtained by comparing the corresponding response patterns for cycles 1, 2, and 10 in all tests; in addition, the experimental

loop for cycle 300 is given in all cases and in two instances this experimental loop is compared with the theoretical loop for cycle 30. A close examination of these comparisons reveals that the theory correctly models both the increase in the peak-strain secant modulus and the decrease in the area of the hysteresis

Eq. 14 corresponds to approximating the kernel of the integral equation for stress as a functional of strain history by a single exponential term. Generally, the kernel may be always approximated by an infinite series of real exponentials,
called a Dirichlet series (4). In an attempt to improve the fit of test data, two terms were taken in the Dirichlet series expansion. For this case, it may be shown that Eqs. 16 generalize to the form

\[
\Delta \varepsilon_i = \frac{\Delta \gamma}{G_1} + \frac{\tau_1}{G_1 Z_1} \Delta \xi \quad \Delta \gamma = \frac{\Delta \tau_2}{G_2} + \frac{\tau_2}{G_2 Z_2} \frac{\Delta \xi}{f(\xi)}
\]

\[
\Delta \tau = \Delta \tau_1 + \Delta \tau_2
\]

The step-by-step integration of these equations was also programmed, and different values for \( \alpha, \beta, G_1, G_2, \) and \( Z_1 \) were tried as input. Although there was a substantial improvement for cycles 1 and 2 in the domain of large shear strains, the prediction of stress for the fourth and higher cycles became poorer than that achieved with only one term in the expansion.

After conclusion of this investigation, two effective measures that substantially improve the fit of hysteresis loops at large shear strains without impairing the fit at small strains have been found (in the course of the second writer's study of hysteresis in concrete). One measure is to augment the expression for \( \Delta \varepsilon_i \) (Eq. 16) by the term \( \dot{\varepsilon}_i \) with \( \dot{\varepsilon}_i = \frac{\Delta \xi}{f(\xi)} \). This term can be associated with the reduction in the number of contacts between grains due to shear strain. Another measure is the introduction of endochronic kinematic hardening (5), such that \( s_{ij} \) in the expression for \( \Delta \varepsilon_{ij} \) (Eq. 16) is replaced by \( s_{ij} - \alpha_{ij} \) with \( \Delta \alpha_{ij} = 2Gk\dot{\varepsilon}_{ij} \), \( k \) being a constant.

**Conclusions**

1. An extensive set of new experimental data indicates that the densification of sand subjected to cyclic shear and the shape of the hysteresis loops are strongly dependent on the strain amplitude, number of cycles, confining (volumetric) stress, and relative density over a broad range of these parameters. The width-to-height ratio of the hysteresis loops increases greatly with amplitude and decreases with the number of cycles, while the loops become steeper with an increase in the number of cycles. The densification rate increases with the shear strain amplitude and decreases with the number of cycles and the relative density.

2. The previously developed endochronic theory for sand provides a reasonably good representation of the observed experimental behavior. To date, this constitutive relation seems to be the only one that achieves this goal while simultaneously satisfying all continuum mechanics requirements for constitutive relations. Therefore, it should be of general applicability, including the cases of: (1) Arbitrary nonsinusoidal cyclic time histories with varying peak strains (which are typical of earthquake motions); (2) general multiaxial stress states; and (3) nonproportional histories of various stress components. In contrast, the empirical formulations developed thus far cannot be applied in such situations, unless further rules are deduced for particular cases from test data. Furthermore, the endochronic constitutive relation inherently accounts for hysteretic damping. Additional confidence is deduced from the fact that the basic variable in the theory (intrinsic time) may be physically associated with the accumulation of particle rearrangements. However, the most remarkable feature of this model is that, while describing irreversibility upon unloading, all expressions defining the constitutive relation are fully continuous, i.e., no inequalities, such as those used in plasticity to distinguish unloading, are needed. This continuity property, which is absent from plasticity-type laws, may be physically desirable because the accumulation of particle rearrangements is a gradual process.

3. The agreement between theoretical predictions and experimental data is better for large shear strain amplitudes (0.001-0.005) than for small amplitudes. However, for the first few cycles, the agreement is not very good in either case, but it rapidly improves after a few cycles.

4. The dependence of the behavior on the initial relative density or void...
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ratio can be accommodated in the theory by considering several material parameters as functions of relative density.

5. The elastic modulus in this theory is considered to be proportional to the square root of the confining stress, which is consistent with previous test results; but it may be allowed to decrease with the maximum value of the second invariant of the strain deviator experienced up to the current time.

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APPENDIX I.—REFERENCES


