Microplane Model for Cyclic Triaxial Behavior of Concrete

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ABSTRACT: A recently proposed microplane model, which describes not only cracking but also general nonlinear triaxial response, is extended to cyclic loading and the rate effect, and is implemented in a three-dimensional finite element code. The material properties are characterized separately on planes of various orientations within the material, called the microplanes, on which no tensorial invariance requirements need to be observed. The state of each microplane is described by normal deviatoric and volumetric strains, and by shear strain. To avoid spurious localization instabilities due to strain softening and the consequent mesh-sensitivity problems, the concept of nonlocal continuum with local strain is adopted. The rate effect is introduced by combining the damage model on each microplane with the Maxwell rheologic model. The results of finite element analysis (some material on the level, as well as of plain concrete specimens loaded in bending and compression, are demonstrated. The calculated responses yield hysteretic loops of an approximately correct area and correct initial unloading slope. For shear, the calculated loops exhibit the well-known pinched form.

INTRODUCTION

The microplane model, formulated for concrete in Bažant (1984) and Bažant and Oh (1985), represents a constitutive model in which the material is characterized by a relation between the stress and strain components on planes of various orientations, which may be imagined to represent the damage planes or weak planes in the microstructure, such as the contact layers between aggregate pieces in concrete. The history of the general approach underlying the microplane model (Taylor 1938; Batdorf and Budianski 1949; Zienkiewicz and Pande 1977) has been given in detail earlier [e.g., Bažant and Oh (1985) and Bažant and Prat (1988)]. The latest version of the microplane model, developed by Bažant and Prat (1988), was shown capable of predicting the behavior of concrete in monotonic loading for a broad range of stress and strain conditions using only a few material parameters.

The nonlocal continuum concept (Eringen 1965, 1966; Kroner 1968; Krumhansl 1968; Eringen and Edelen 1972) whose adaptation in the form of the microplane model from Bazant and Prat (1988) has been given in detail earlier [see Bazant and Prat (1988)], the microplane model from Bazant and Ozábado (1990b). This provided a general material model capable of representing both nonlinear triaxial behavior and fracture. In conjunction with the nonlocal concept, this model was implemented in a finite element code. Its capabilities of realistically predicting the structural response were demonstrated in a number of numerical examples.

In the present work [based on a recent work by Bažant and Ožbolt (1990a)], the microplane model from Bažant and Prat (1988) is improved and is also extended to cyclic loading, as well as to the rate effect, which is important for cyclic loading. A kinematic constraint is used, i.e., the total strain vector on each microplane is assumed to be the resolved component of the macroscopic strain tensor. The microplane strains are split into volumetric, deviatoric, and shear components. The shear strain vector is further split into two orthogonal components. For each microplane strain component at each integration point of each finite element, the main characteristics of the load history are stored during the calculations. The numerical integration of the time step is based on the previously proposed exponential algorithm. The new model is implemented in a three-dimensional finite element code. A similar but in some respects different version of a microplane model for cyclic loading is being developed in a parallel project by Hasegawa and Bažant (1991).

To demonstrate the capability of the present generalization of the microplane model in simulating the cyclic and rate effects in plain concrete, the results of several numerical studies are presented, including: cycling in tension, cycling in compression, and cycling in shear, all calculated only for a small material element. Moreover, cyclic finite element analysis including the rate effect is performed for the cases of the three-point bending of a beam and the uniaxial compression test. The results of these numerical analyses are compared with test results.

REVIEW OF MICROPLANE MODEL

Basic Hypotheses and Strain Components

Hypothesis 1

Each microplane resists both the normal and shear stresses, which are assumed to represent the resolved components of the macroscopic strain tensor \( \varepsilon_{ij} \).

This hypothesis represents a kinematic constraint and yields the relations [see Bažant and Prat (1988)]:

\[
\begin{align*}
\varepsilon_i &= n_i \varepsilon_{ij} \quad \text{(1a)} \\
\varepsilon_N &= n_i \varepsilon_{ij} \quad \text{(1b)} \\
\varepsilon_D &= n_i \varepsilon_{ij} - \varepsilon_N \quad \text{(1c)} \\
\varepsilon_T &= \varepsilon_m + \varepsilon_k \quad \text{(2a)} \\
\varepsilon_M &= \varepsilon_T = m_i n_i \varepsilon_{ij} \quad \text{(2b)} \\
\varepsilon_K &= \varepsilon_k = k_i n_i \varepsilon_{ij} \quad \text{(2c)}
\end{align*}
\]

where Latin lowercase subscripts refer to Cartesian coordinates \( x_i (i = 1, 2, 3) \); \( \varepsilon_i = \) the strain vector on a microplane whose unit normal is \( n_i \); \( \varepsilon = \) magnitude of \( \varepsilon_i \); \( \varepsilon_T = \) the tangential vector component of \( \varepsilon \); \( \varepsilon_M \) and \( \varepsilon_K \) are in-plane components of vector \( \varepsilon_T \) in the direction of vectors \( \varepsilon_m \) and \( \varepsilon_k \); and \( \varepsilon_N = \) the vector of the normal strain component of \( \varepsilon \) on the microplane [Fig. 1(a)]. The normal strain vector is separated into volumetric...
strain $\varepsilon_V = \varepsilon_{kk}/3$ and deviatoric strain $\varepsilon_D = \varepsilon_N - \varepsilon_V$. In contrast to the originally proposed model (Bažant and Prat 1988), the in-plane shear strain vector $\varepsilon_T$ is split into two in-plane components ($\varepsilon_M$ and $\varepsilon_K$). In Bažant and Prat’s original version of the general microplane model, the shear component $\varepsilon_T$ has been characterized by its magnitude $\varepsilon_T$ (which is always non-negative) and the corresponding tangential stress vector $\sigma_T$ has been considered to be always parallel to $\varepsilon_T$. That simplifying assumption, which is the simplest possible, seems adequate for the monotonic loading or nearly monotonic loading, and in a crude manner perhaps also for the first unloading. But it is obviously inadequate for cyclic loading, one reason being that always $\varepsilon_T \geq 0$ according to that assumption, and another that $\sigma_T$ and $\varepsilon_T$ can obviously become nonparallel. The choice of coordinate vector $\mathbf{m}$ within the microplane is arbitrary (although, once chosen, vector $\mathbf{m}$ must be kept fixed). The other coordinate vector $\mathbf{k}$ is then obtained as $\mathbf{k} = \mathbf{m} \times \mathbf{n}$ [Fig. 1(a)]. To minimize directional bias, the directions of microplane shear strain components are chosen as follows: for the first microplane, $\mathbf{m} \perp z, m_3 = 0$; for the second, $\mathbf{m} \perp x, m_1 = 0$; for the third, $\mathbf{m} \perp y, m_2 = 0$, etc. This achieves that various $\mathbf{m}$-directions are represented nearly evenly, as required by coordinate frame indifference. (Better, one could generate the directions of $\mathbf{m}$ within each microplane randomly.)

**Hypothesis 2**

The response on each microplane is assumed to depend on the mean lateral strain $\varepsilon_L$, which is approximately equivalent to assuming that it depends on the volumetric strain $\varepsilon_V = \varepsilon_{kk}/3$ (aside from $\varepsilon_N$ and $\varepsilon_D$). (This feature was found to be necessary for modeling triaxial test data for very high confining pressures, but not other data.)

**Hypothesis 3**

The stress-strain curves of each microplane are assumed to be path-independent as long as there is no unloading on this microplane. During unloading and reloading, which is defined separately on each microplane, the curve of stress difference versus strain difference from the state at the start of unloading or reloading is also assumed to be path-independent.

Thus, all the macroscopic path-dependence is produced by various combinations of loading and unloading on various microplanes. It may be noted that some microplanes may get unloaded even for macroscopically monotonic or virgin loading, thus making the response path-dependent. The number of possible macroscopic path directions is enormous (for 21 microplanes there are $2^{21}$ possible tangent stiffness matrices in each loading step, due to all possible combinations of loading and unloading).

**Hypothesis 4**

The volumetric and deviatoric responses on each microplane are assumed to be mutually independent. (This, of course, greatly simplifies data fitting and was shown to suffice to fit each test data set considered.) However, shear components are assumed to be dependent on volumetric strain in the case of volumetric compression. This was introduced since otherwise the response of concrete in the case of compression with high lateral confinement would not be possible to predict.

**Microplane Stress-Strain Relations**

In the case of virgin loading, the behavior for each microplane strain component is described, according to the foregoing hypotheses, by path-independent total stress-strain relations of the form:

$$\sigma_V = F_V(\varepsilon_V) \quad \sigma_D = F_D(\varepsilon_D) \quad \sigma_M = F_M(\varepsilon_M) \quad \sigma_K = F_K(\varepsilon_K)$$

For two reasons, namely representation of unloading and application of the nonlocal damage concept, it is convenient to cast the total stress-strain relations in the form of continuum damage mechanics:

$$\sigma_V = C_V \varepsilon_V$$
\[ \sigma_D = C_D \varepsilon_D \]  \hspace{1cm} (4b)
\[ \sigma_M = C_M \varepsilon_M \]  \hspace{1cm} (4c)
\[ \sigma_K = C_K \varepsilon_K \]  \hspace{1cm} (4d)

in which, except for volumetric compression

\[ \sigma_v = C_v (1 - \omega_v) \]  \hspace{1cm} (5a)
\[ \sigma_D = C_D (1 - \omega_D) \]  \hspace{1cm} (5b)
\[ \sigma_M = C_M (1 - \omega_M) \]  \hspace{1cm} (5c)
\[ \sigma_K = C_K (1 - \omega_K) \]  \hspace{1cm} (5d)

where \( C_v, C_D, C_M, \) and \( C_K \) represent the secant moduli; \( \sigma_v = F_v'(\varepsilon_v)/\varepsilon_v, \)
\( \sigma_D = F_D'(\varepsilon_D)/\varepsilon_D, \)
\( \sigma_M = F_M'(\varepsilon_M)/\varepsilon_M, \)
\( \sigma_K = F_K'(\varepsilon_K)/\varepsilon_K; \)
and \( C_v, \) \( C_D, \) \( C_M, \) \( C_K \) are the initial values of \( C_v, C_D, C_M, \) and \( C_K; \)
and \( \omega_v, \omega_D, \omega_M, \) and \( \omega_K \)
are the volumetric damage, deviatoric damage, and shear damage on the
microplane level. The secant shear moduli \( C_M \) and \( C_K \) must be defined by
the same functions of the corresponding shear strain components. The initial
shear moduli for both shear components are equal for both directions,
\( C_M = C_K. \) Best fits of selected typical test data for concrete have been
obtained using the following approximation for virgin loading:

\[ \omega_v = 1 - \exp \left[ - \left( \frac{\varepsilon_v}{\varepsilon_1} \right)^m \right] \]  \hspace{1cm} (6)
\[ \omega_D = 1 - \exp \left( - \left| \frac{\varepsilon_D}{\varepsilon_1} \right|^m \right) \]  \hspace{1cm} (7a)
\[ \omega_M = 1 - \exp \left( - \left| \frac{\varepsilon_M}{\varepsilon_2} \right|^m \right) \]  \hspace{1cm} (7b)
\[ \omega_K = 1 - \exp \left( - \left| \frac{\varepsilon_K}{\varepsilon_3} \right|^m \right) \]  \hspace{1cm} (7c)

in which \( \varepsilon_1 = \varepsilon_3 \) if \( \varepsilon_v \geq 0, \) and \( \varepsilon_2 = \varepsilon_3 - \varepsilon_4 \varepsilon_v < 0, \)
where \( \varepsilon_1, \varepsilon_2, \varepsilon_3, \varepsilon_4, \) \( m, \) \( n, \) \( k \) and \( k \) are empirical material constants. The dependence of \( \varepsilon_v \) on the
volumetric strain \( \varepsilon_v \) reflects internal friction and represents an additional
kinematic constraint of scalar type.

In the volumetric behavior, there is no damage \( (\omega_v = 0) \) and the response
for virgin loading is described by:

\[ C_v = C_v \left[ \left( 1 + \left| \frac{\varepsilon_v}{a} \right| \right)^{-p} + \left| \frac{\varepsilon_v}{b} \right|^q \right] \]  \hspace{1cm} (9)

where \( a, b, p, \) and \( q \) are empirical constants.

**Generalization to Unloading, Reloading, and Cyclic Loading**

In the previous work (Bazant and Prat 1988), which was focused on
monotonic loading, the rule for unloading was very simple, but it was possible
to represent only the first unloading, and even then with considerable errors compared to experiments. To model unloading, reloading, and
cycling loading in general, and do so even for arbitrary triaxial stress states,
more complex rules on the microplane level are needed. After much experimentation, the following unloading-reloading rules, which are different
for each microplane strain component, have been chosen and verified.

In contrast to virgin loading, the stress-strain relations must be written
in the incremental form:

\[ d\sigma_v = C_v d\varepsilon_v \]  \hspace{1cm} (10a)
\[ d\sigma_D = C_D d\varepsilon_D \]  \hspace{1cm} (10b)
\[ d\sigma_M = C_M d\varepsilon_M \]  \hspace{1cm} (10c)
\[ d\sigma_K = C_K d\varepsilon_K \]  \hspace{1cm} (10d)

where \( C_v, C_D, C_M, \) and \( C_K \) represent unloading-reloading tangent moduli.
They are defined for each microplane component as follows (See Fig. 2):

\[ C = C^0_0 + (1 - \alpha) \frac{\sigma}{\varepsilon - \varepsilon_1} \]  \hspace{1cm} (11a)

for \( \varepsilon > \varepsilon_p, \quad (\varepsilon_1 = 0) \) \hspace{1cm} (11b)

\[ \varepsilon \Delta \varepsilon \geq 0 \) and \( (\varepsilon - \varepsilon^{\max})(\varepsilon - \varepsilon^{\min}) \geq 0 \) \hspace{1cm} (12)

where \( \varepsilon^{\max} \) and \( \varepsilon^{\min} \) are the maximum and minimum values of \( \varepsilon \) that have
occurred so far; otherwise unloading or reloading takes place.

The response curves shown later in the figure provide justification of the
foregoing rules.

**Incremental Macroscopic Stress-Strain Relations**

Incremental loading analysis requires the total stress-strain relations \([3]\)
to be differentiated; \( d\sigma_v = C_v d\varepsilon_v + \varepsilon_v dC_v, d\sigma_D = C_D d\varepsilon_D + \varepsilon_D dC_D, \)
\( d\sigma_M = C_M d\varepsilon_M + \varepsilon_M dC_M, \) and \( d\sigma_K = C_K d\varepsilon_K + \varepsilon_K dC_K. \) For iterative
solution, it may be convenient to introduce incremental moduli $\dot{C}_V$, $\dot{C}_D$, $\dot{C}_M$, and $\dot{C}_K$, which may be equal or larger than $C_V$, $C_D$, $C_M$, and $C_K$. Then the incremental stress-strain relation has the form:

\begin{align}
\Delta \sigma_V &= \dot{C}_V \Delta \varepsilon_V - \Delta \sigma_V' \quad \text{(13a)} \\
\Delta \sigma_D &= \dot{C}_D \Delta \varepsilon_D - \Delta \sigma_D' \quad \text{(13b)} \\
\Delta \sigma_M &= \dot{C}_M \Delta \varepsilon_M - \Delta \sigma_M' \quad \text{(13c)} \\
\Delta \sigma_K &= \dot{C}_K \Delta \varepsilon_K - \Delta \sigma_K' \quad \text{(13d)}
\end{align}

in which

\begin{align}
\Delta \sigma_V' &= -\varepsilon_V \Delta C_V + (\dot{C}_V - C_V) \Delta \varepsilon_V \quad \text{(14a)} \\
\Delta \sigma_D' &= -\varepsilon_D \Delta C_D + (\dot{C}_D - C_D) \Delta \varepsilon_D \quad \text{(14b)} \\
\Delta \sigma_M' &= -\varepsilon_M \Delta C_M + (\dot{C}_M - C_M) \Delta \varepsilon_M \quad \text{(14c)} \\
\Delta \sigma_K' &= -\varepsilon_K \Delta C_K + (\dot{C}_K - C_K) \Delta \varepsilon_K \quad \text{(14d)}
\end{align}
following reasons: (1) Tensor $C_{ijrs}$ is always the same, and so the structural stiffness matrix need not be recalculated at each iteration of each loading step; (2) all the inelastic effects are represented by $\Delta \sigma^t$, a tensor of fewer components than $C_{ijrs}$ (the iterative procedure in this case coincides with the well-known initial stiffness method); and (3) due to the fact that tensor $C_{ijrs}$ is nonsymmetric, the use of the first or third approach would require a nonsymmetric equation system solver, which is rather demanding for computer time [it has been suggested that the use of a symmetric equation solver may be rendered possible by replacing in (16) $C_{ijrs} \Delta \sigma^t$ with $\frac{1}{2} (C_{ijrs} + C_{rsij}) \Delta \sigma^t$ where $C_{ijrs} = (C_{ijrs} + C_{rsij})/2$ is the symmetric part of $C_{ijrs}$, and including the term $(C_{ijrs} - C_{ijrs}) \Delta \sigma^t$ in the expression for the $\Delta \sigma^t$, but this usually leads to poor convergence].

The integrals in (15), (17), and (18) are evaluated numerically and the same integration scheme is used as described by Bažant and Ozbolt (1990b).

The material parameter values used in the calculations are the same as described by Bažant and Prat (1988), except parameter $\varepsilon$, which is here a function of the volumetric strain rather than volumetric stress, and two additional constants $\alpha$ and $\beta$ for each microplane component. Approximately optimal values of $\alpha$ and $\beta$ have been obtained by fitting the set of cyclic test data. Computational experience using the present microplane model indicates that one may consider $\alpha$ and $\beta$ to be constant for all concrete types.

**Rate Effect**

From experimental evidence it is well known that concrete stiffness, strength, and ductility are sensitive to the deformation rate. This is known as the rate effect. This effect is no doubt caused by creep in the bulk test specimen as well as time-dependent rupture of bonds in the fracture process zone, which both cause stress relaxation. The simplest model for relaxation is the Maxwell's spring dashpot model, which we adopt for each of the microplane components $\varepsilon_v$, $\varepsilon_D$, $\varepsilon_M$, and $\varepsilon_K$ (Fig. 1b). Dropping for the moment the subscripts $V$, $D$, $M$, and $K$, the stress-strain relation for each microplane component may be written as

$$\sigma + \frac{\sigma}{\rho} = C \dot{\varepsilon}$$

where $\varepsilon$ = the total microplane strain including the flow strain (viscous or creep), the superimposed dots denote time derivatives, $C$ = the tangent modulus for the microplane component, and $\rho$ = a material parameter representing the relaxation time, whose value is assumed to be constant and the same for all microplane components (and of course for all microplane directions). Since the microplane stress-strain relations [(4)] are in a secant form, it is convenient to rewrite (19) also in the secant form:

$$\sigma = C \dot{\varepsilon} - \frac{\sigma}{\lambda}$$

in which the following notations are introduced:

$$\frac{1}{\lambda} = 1 - \varepsilon \frac{\Delta C}{\Delta \varepsilon}$$

$$\dot{\varepsilon} = \left( C + \varepsilon \frac{\Delta C}{\Delta \varepsilon} \right)$$

where $C$ = the tangent stiffness tensor.
\[ \sigma = \frac{\Delta \sigma}{\Delta t}, \quad \dot{\varepsilon} = \frac{\Delta \varepsilon}{\Delta t} \]  \hspace{1cm} (21c)

Here \( \lambda \) is an apparent relaxation time and \( C \) is the secant modulus for the microplane strain component.

The present case of a simple Maxwell unit with a single relaxation time \( \rho \) is doubt a simplification. We must expect that in reality the response is characterized by the Maxwell chain in which each unit has a different relaxation time differs from what is known as an exponential function similar to (19). But such a more sophisticated model would be needed only if several orders of magnitude of the deformation rates are considered, which is not the case here.

Another possibility is to introduce a rheological model consisting of an elastic spring coupled in parallel with the damage and viscous units [Fig. 1(c)]. According to the current studies (Northwestern and Stuttgart universities) this model seems to be capable of predicting the behavior of the material over a very broad range of the loading rates. However, further work is needed in order to clarify whether this rheological model, coupled together with the microplane constitutive law, is actually able to cover the broad range of loading rates.

**EXPERIMENTAL ALGORITHM FOR LOAD OR TIME STEP**

Based on the kinematic constraint [(1)], the known macrostrains \( \varepsilon_{\text{m}} \), and their known increments \( \Delta \varepsilon_{\text{m}} \), can be used in every iteration of load or time step number \( r \) to calculate the strains and strain increments on each microplane. Then, the known values of \( \varepsilon_{\text{m}} = \varepsilon_{\text{m}} + \varepsilon_{\text{v}, r} + \varepsilon_{\text{m}, r} + \Delta \varepsilon_{\text{m}}, \Delta \varepsilon_{\text{v}, r}, \Delta \varepsilon_{\text{m}, r} \), and \( \varepsilon_{\text{v}, r} \), are used to approximate the stresses on each macroplane by solving (13) or (20) with (21). Each of these equations could be solved by using a forward difference approximation or central difference approximation. However, such an approximation is often unstable when the stress-strain relation has a negative slope (strain softening), and, even if it remains stable, a large error is usually accumulated, with the result that the stress-strain curve obtained does not end at very large strain exactly at zero stress.

These drawbacks can be eliminated by the so-called exponential algorithm, initially developed for aging creep of concrete (Bažant 1971; Bažant and Ozbolt 1990b) and later extended to creep with strain softening (Bažant and Ozbolt 1990b). We here extend the exponential algorithm to the microplane model with the rate effect. The basic principle that endows the exponential algorithm with high accuracy is that the integration formula is the exact solution of the differential equation (20) for the loading step under the assumption that the material properties, the loads, and the prescribed rates are constant in time.

For the \( r \)th time step, \( \Delta t_r = t_{r+1} - t_r \), (20) can be rewritten in the form:

\[ \sigma + \frac{\sigma}{\lambda} = \hat{C} \dot{\varepsilon} \]  \hspace{1cm} (22)

where \( \hat{C} = (C_r + C_{r+1})/2 \) is considered to be constant during the step. \( \lambda \) is also considered to be constant during the step, and for best accuracy is evaluated from the average values of \( \varepsilon \) and \( \sigma \) in the step.

With constant \( \lambda \) and \( \hat{C} \), we can integrate (22) exactly from time \( t \) to time \( t_{r+1} \), using the same procedure as Bažant and Ozbolt (1990b) [(20)–(25)] did for the time-independent case. The exact solution of (20) is \( \sigma(t) = A e^{-\lambda t} + \hat{C} \xi \dot{\varepsilon} \) where \( A \) is an integration constant and \( \xi = (t - t_r)/\lambda \). From the initial condition \( \sigma = \sigma_r \) at \( t = t_r \), it follows that \( \sigma(t) = \sigma_r e^{-\xi} + (1 - e^{-\xi}) \hat{C} \Delta \varepsilon \). For the end of the time step, \( t = t_{r+1} = t + \Delta t_r \), we thus get

\[ \sigma_{r+1} = \sigma_r + \Delta \sigma = \sigma_r e^{-\xi} + (1 - e^{-\xi}) \hat{C} \Delta \varepsilon \]  \hspace{1cm} (23)

in which we denote \( \Delta \sigma = \Delta t_r \sigma_r / \rho - \Delta C / \hat{C} \). Eq. (23) can be rewritten in the form of a pseudodynamic stress-strain relation on the level of each microplane stress component

\[ \sigma = D \dot{\varepsilon} - \sigma'' \]  \hspace{1cm} (24)

where

\[ D = \frac{\hat{C}(1 - e^{-\xi})}{\Delta \varepsilon} \]  \hspace{1cm} (25a)

\[ \sigma'' = D \dot{\varepsilon}'' \]  \hspace{1cm} (25b)

\[ \dot{\varepsilon}'' = \frac{(1 - e^{-\xi}) \sigma_r}{D} \]  \hspace{1cm} (25c)

\[ \Delta \sigma = \Delta \varepsilon_r \rho \]  \hspace{1cm} (26)

\[ D \dot{\varepsilon} = \Delta \varepsilon_r \rho \]  \hspace{1cm} (27)

The values of the secant moduli and damage are then best calculated from (3)–(11), one must replace \( \varepsilon_r \), at time \( t_r \), with the instantaneous (i.e., time-independent) part of the total strain, i.e., with

\[ \varepsilon_{\text{r, inst}} = \varepsilon_r - \sum_{s=1}^{r-1} \Delta \varepsilon_{\text{r, inst}} \]  \hspace{1cm} (26)

where \( \Delta \varepsilon_{\text{r, inst}} \) is the time-dependent (viscous) parts of the microplane strain increments in the previous steps \( \rho = 1, 2, \ldots, s, r - 1 \). Based directly on (19), one could here use \( \Delta \varepsilon_{\text{r, inst}} = (\varepsilon_r / \rho) \Delta t_r \), with \( \sigma \) and \( \rho \) taken as the average values in the step \( \Delta t_r \). But it is more accurate to express \( \Delta \varepsilon_{\text{r, inst}} \) according to the exponential algorithm modified by deleting the instantaneous part from (19)–(24). Thus, in analogy with (24)–(25)

\[ \Delta \varepsilon_{\text{r, inst}} = (1 - e^{-\xi}) \frac{\sigma_r}{D} \left( \frac{\Delta \xi}{\rho} \right) \]  \hspace{1cm} (27)

The reason the foregoing algorithm is called exponential is that its formula characteristically involves an exponential function.

Another possible algorithm may be based on the total stress-strain relation [(4)]. In that case, the actual relaxation time \( \rho \) is used instead of \( \lambda \) in (21)–(24), and the inelastic stress increments then are

\[ \Delta \sigma'' = (1 - e^{-\xi}) \sigma_r + F(\varepsilon_{\text{r, inst}}) - \varepsilon_{\text{r, inst}} + \varepsilon_{\text{r, inst}} F(\varepsilon_{\text{r, inst}}) \]  \hspace{1cm} (28a)

\[ D \dot{\varepsilon} = \Delta \varepsilon_r \rho \]  \hspace{1cm} (28b)

On the macrolevel, the stress tensor increments are determined by numerical integration over the unit hemisphere (using 21-point numerical integration formula, in the present work), as already described.
FIG. 3. Calculated Concrete Response under: (a) Monotonic Uniaxial Tension with Different Strain Rates; (b) Monotonic Uniaxial Compression with Different Rates

NONLOCAL GENERALIZATION OF MICROPLANE MODEL

In the classical, local continuum analysis by finite element method, strain localization leads to problems of instability, inobjectivity, and spurious mesh sensitivity (Bazant 1976; Bazant and Pijaudier-Cabot 1987). These problems can be circumvented by adopting the nonlocal continuum approach. An effective nonlocal concept is that recently proposed by Bažant and Pijaudier-Cabot (1987) in which only the variables associated with damage are nonlocal. This concept is implemented in the present cyclic microplane model. The method of implementation is basically the same as that already described by Bažant and Ozbolt (1990) for the case without rate effect. That paper also describes an effective numerical iterative algorithm for the loading steps, which has been used again in the present study. The basic principle is that the elastic part of stress increments is calculated from the local strains and the remaining (inelastic) part of the stress increments is calculated from the nonlocal (spatially averaged) strains.

It should be noted that the present nonlocal cyclic microplane model yields nonsymmetric tangent stiffness matrix. Symmetrizing this matrix usually results in poor and uncertain convergence. Using constant stiffness method, one deals only with the elastic stiffness matrix, which is symmetric.
The convergence then becomes reliable, but often rather slow. To improve the numerical effectiveness, the use of some nonsymmetric equation system solver might be useful.

Another point that calls for further study is the implementation of the distinction between local response (elastic stress increments) and nonlocal response (inelastic stress decrements). Due to the fact that the relative proportion of these two components changes, after many cycles it may happen that the middle flat portion of a pinched loop in shear loading becomes displaced vertically from the strain axis, which is nonrealistic. Some refined rule would have to be introduced to prevent this.

**NUMERICAL EXAMPLES**

To demonstrate the capability of the present cyclic microplane model in predicting the cyclic behavior of concrete including the rate effect, numerical simulations for different stress-strain histories and different rates are carried out. The behavior of the model is first demonstrated on the material level, using only one uniformly strained finite element, loaded in three different ways as shown in Fig. 1(d). Cyclic behavior of the three-point-bend and compression specimens in plane stress is also simulated. It should be noted...
that the plane stress state is a relatively more difficult state to simulate with the microplane model; the microplane model is a fully three-dimensional model and for the case of plane-stress finite elements the lateral strains (out-of-plane strains) need to be calculated from the condition that the lateral stresses are zero.

The basic material parameters used are: initial Young's modulus $E^0 = 20,000$ MPa, Poisson's ratio $\nu = 0.18$, and relaxation time $\rho = 0.01$ sec. The microplane material parameters are chosen as follows: $a = 0.005$, $b = 0.043$, $p = 0.75$, $q = 2.00$, $e_1 = 0.00007$, $e_2 = 0.0020$, $e_3 = 0.0020$, $e_4 = 0.00007$, $m = 0.85$, $n = 2.25$, and $k = 2.25$. These values are the same as in Bãzant and Prat (1988), except $m$, $n$, and $k$ (which have been adjusted such that the descending stress-strain curves would become steeper and would match the test results). The load was introduced by prescribing the displacement increases corresponding to different chosen strain rates in the finite element; $\dot{\varepsilon} \to \infty$, $\dot{\varepsilon} = 0.05$ s$^{-1}$, and $\dot{\varepsilon} = 0.025$ s$^{-1}$.

Fig. 3 shows the stress-strain curves obtained for the cases of uniaxial monotonic tension and compression, with different prescribed strain rates. Similar calculations, using again different strain rates, are carried out for the case of cyclic tension (Fig. 4), cyclic compression (Fig. 5), and cyclic shear (Fig. 6). Fig. 7 shows the comparison between the uniaxial cyclic test results of Sinha et al. (1964) and the present calculations.

The present results roughly agree with the general picture known from tests. This indicates that the present cyclic microplane model may be expected to realistically describe the cyclic behavior of concrete in diverse situations (van Mier 1984; Reinhardt and Corneliussen 1984), using the same material parameters for all situations.

Furthermore, the results indicate that the strain rate has a significant influence on the shape of the stress-strain curves. If the rate of loading decreases, the peak stress also decreases while the postpeak descending stress-strain curve becomes less steep. The present model can predict the
THREE-POINT BENDING

Displacement control
du/dt = 0.0625 (mm/s)

load-
c 1

d

du/dt = 0.03125 (mm/s)

F - 25.46 kN

failure

F = 25.46 kN

monotonic loading
du/dt = 0.03125 (mm/s)

cyclic loading
dF/dt = 5.00 (kN/s)

FIG. 9. Load-Displacement Curve of Three-Point Bend Specimen with Cycling:
(a) In Postpeak Strain-Softening Range; (b) before Reaching Peak Load

drop of stresses after repeated unloading-reloading cycles in postpeak strain
softening. As will be demonstrated later, this effect is significant when
simulating the structural behavior.

To demonstrate finite element applications, the behavior of unnotched
bending [Fig. 8(a)] and compression [Fig. 8(b)] specimens is analyzed. Four-
node isoparametric quadrilateral plane-stress finite elements with four in-
tegration points are used. In both cases, symmetric response is assumed
(Fig. 8). The material parameters are the same as in the previous examples,
except that ε = 0.00004 and m = 0.5 in the case of the notched three-
point bend specimen (due to reduced tensile strength).

Fig. 9(a) shows the load-displacement curve obtained for the bending

specimen. The specimen is loaded prescribing displacement increments at
the loaded node (see Fig. 8). The displacement rate is du = 0.0625 mm s⁻¹.
One cycle is performed prior to the peak load, and the next cycle late in
the softening range. After the second cycle strength decreases, i.e., the
material becomes damaged, and after repeated loading a significant decrease
of strength is observed.

In the subsequent calculations of the same specimen, one finite element
at the bottom of the specimen is assumed to be weaker, having a tensile
strength limit 10% lower than the other elements (the shaded element in
Fig. 8). The specimen is loaded repeatedly up to 94% of the peak load
obtained for monotonic loading. This is followed by cyclic loading between
0 and 94% of this peak load. The loading consists of prescribing force F at
the specimen top with the rate of increase dF/dt = 5.0 kN s⁻¹. The results
indicate [Fig. 9(b)] a significant increase of the displacements due to material
damage. Material damage due to cycling causes failure to occur already
after the third cycle, just before reaching the monotonic descending branch
[see Fig. 9(b)].

Fig. 10 shows the load-displacement cyclic response of a cubic comprin
sion specimen, subjected to controlled displacement u at the top of the
specimen increasing at the rate du = 0.025 mm s⁻¹. To simulate bonded
(nonsliding) rigid platens at the top and bottom of the specimen, the hori-
izontal displacements of the top nodes in the finite element mesh are fixed
as zero. The calculated load-displacement curve indicates large residual
stresses and strains, and a significant decrease of the concrete strength after
reloading. These effects are stronger than those obtained by using only one
finite element.

Generally, the calculated hysteretic loops in the preceding figures are
wider when the rate effect is taken into account, and have approximately
the correct area (as observed in tests of this type). In agreement with lab-

FIG. 10. Load-Displacement Curve for Specimen with Fixed Loading Platens Loaded
in Cyclic Compression
The unloading diagram begins with a steep slope that can even be steeper than the initial elastic slope (this is due to stress relaxation). For shear cycling, the calculated hysteretic loops exhibit the characteristic pinched form with an almost zero slope near the crossing of the strain axis, also known from experiments.

The aim of the present examples was to demonstrate that the present model is able to qualitatively predict the behavior of concrete at different rates of loading and for different stress-strain situations. Further work is needed in order to quantitatively verify the model by fitting a number of tests known from the literature.

**CONCLUSIONS**

1. The present, fully three-dimensional cyclic microplane model appears capable of realistically describing the behavior of plain concrete under a broad range of strain states and histories using the same material parameters. Together with the nonlocal strain concept, the model may be expected to provide effective finite element description of the failure process in concrete structures under rather general loading types and histories.

2. The rate effect can be implemented in the microplane model by combining damage with the Maxwell rheologic model. The model is able to give an approximately correct hysteretic loop area and a steep initial unloading slope. For shear, it exhibits the pinched form of hysteretic loops. Generally, increasing the rate increases the concrete strength and the postpeak descending branch of the stress-strain curve becomes steeper.

3. The examples indicate that the cyclic microplane model, together with rate effect, predicts material damage due to repeated unloading-reloading cycles quite realistically.

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**APPENDIX. REFERENCES**


